

COVID-19 UPDATE

December 21, 2020

Dear Residents and Family Members,

We received notice yesterday, December 20, 2020, that **a resident of Mather Place in Wilmette has a confirmed positive case of COVID-19.** This individual is taking guidance from their physician and we wish them a full recovery.

Mather Place is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

COVID-19 VACCINE NEWS:

We are strongly encouraging individuals to be vaccinated. The vaccine is an important part in stopping the spread of COVID-19.

We do not have any new information about when the vaccine will be administered or which vaccine it will be. Although we do not know which vaccine we will be given, here are some things to consider about the COVID-19 vaccines in general from The Centers for Disease Control and Prevention (CDC):

- **FACT:** COVID-19 vaccines will not give you COVID-19. None of the COVID-19 vaccines currently in development in the United States use the live virus that causes COVID-19.
- **FACT:** COVID-19 vaccines will not cause you to test positive on COVID-19 viral tests.
- **FACT:** People who have gotten sick with COVID-19 may still benefit from getting vaccinated.
- **FACT:** Getting vaccinated can help prevent you from getting sick with COVID-19.
- **FACT:** Receiving an mRNA vaccine will not alter your DNA.
- **FACT:** You will still need to utilize infection prevention measures after you are vaccinated.
- The first vaccines will most likely require a two-injection process, three weeks apart.
- There is a possibility of some side effects from receiving the vaccine that may last for 24 to 48 hours. Those may include, but are not limited to, soreness at the injection site, fatigue, fever, and flu-like symptoms.

If you have questions or concerns about the COVID-19 vaccine, please seek guidance from your health care provider.

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We will be providing additional details on the vaccination process for Mather Place as we learn more.

PLEASE REMAIN VIGILANT

We ask you to continue doing what you can to protect yourself and others, including

- practicing physical distancing (no closer than 6 feet away for no more than 15 minutes)
- wearing masks that cover your mouth and nose when you are outside of your apartment home
- good hand hygiene by washing your hands frequently for 20 or more seconds
- avoiding small social gatherings
- leaving only for essential activities. Use grocery and pharmacy delivery services or curbside pickup when able. Limit your exposures during this holiday season.

Our primary focus continues to be on the safety and wellbeing of residents and employees. We thank everyone for their continued support and role they play in combatting this virus.

Wishing you and your families a warm holiday season.

Sincerely,

Katrina O'Neill
Executive Director

PS: This letter is being shared with all residents' current emergency contacts.

COVID-19 SYMPTOMS – SELF MONITOR

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify the Concierge at (847) 256.9300. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.

