

# COVID-19 UPDATE

December 14, 2020

Dear Employees of Mather Place,

We received notice yesterday, December 13, 2020, that **an employee of Mather Place in Wilmette has a confirmed positive case of COVID-19**. This individual is taking guidance from their physician and we wish them a full recovery.

Mather Place is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

## **COVID-19 VACCINE NEWS:**

The Centers for Disease Control and Prevention has identified health care workers and nursing home residents as the first group to receive the COVID-19 vaccine. There is a lot of activity by the state and local health department about how this will happen, and most plans are still in draft form, but we do have some information. We want to share this so you can begin thinking about any questions you may have about the vaccination process.

**We want you to know that Mather has taken the steps needed to have residents and employees of Mather Place included in the vaccine program; however, we do not know whether our community will be included in the first rollout, since we are not in a health care category. We will keep you informed as we learn more.**

## **PLEASE REMAIN VIGILANT**

**We ask you to continue doing what you can to protect yourself and others, including**

- **practicing physical distancing (no closer than 6 feet away for no more than 15 minutes)**
- wearing masks that cover your mouth and nose when you are outside your home
- good hand hygiene by washing your hands frequently for 20 or more seconds
- avoiding small social gatherings
- leaving only for essential activities. Use grocery and pharmacy delivery services or curbside pickup when able. Limit your exposures during this holiday season.

Please take care and stay well.

Sincerely,  
Katrina O'Neill  
Executive Director

## **COVID-19 SYMPTOMS – SELF MONITOR**

If you are experiencing any of the following symptoms, please immediately reach out to your physician and notify your manager or your Human Resources representative of your condition. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.