April 10, 2020

Dear Residents,

We are committed to providing you regular updates each week.

As you are aware, Governor Pritzker implemented a stay-at-home order as part of the state's effort to slow the spread of the COVID-19. The order requires people to stay home as much as possible to protect ourselves, others, and our health care systems.

## **Mather Place Is Following Suit**

Cook County is predicting the next week or two may produce the highest risk and spike in positive cases. We continue to learn more about the virus, including that many individuals are asymptomatic, yet infected. Because availability of testing is limited at this time, we are unable to ascertain if asymptomatic individuals have the virus, which results in the need for continued strong precautions.

While we continue to require all residents to stay in their apartments, we will develop future plans to enable you to walk outside for fresh air and sunshine. Next week, we will distribute a questionnaire to better understand each resident's preferences; that will help us formulate a plan that best supports your wishes.

In the meantime, we continue to need your help and support. We understand that some of the restrictions in place may be challenging—please know they are necessary in not only helping to protect you, but <u>everyone</u> who lives and works at Mather Place. We hope that you are enjoying Telephone Topics, Wellness Dailies, and Zoom presentations to stay engaged and connected.

Please remember if you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify the Concierge. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, and gastrointestinal issues such as diarrhea, nausea, or vomiting. Please note that pink eye, eye pain, or vertigo *may* also be COVID-19 symptoms.

We understand this is a challenging time. We can't emphasize how much we appreciate each of you taking steps to protect your health and for being committed to each other and our employees by remaining in your apartment home to help protect our community.

**Please direct questions to (847) 256.9585 or email** <u>bewell@matherplacewilmette.com</u>. Take care and stay well.

Sincerely,

Katrina O'Neill Executive Director

